

WONCA 2018 Krakow 24-27 May 2018

<http://www.woncaeurope2018.com/>

type : Workshop 75 minutes

Title : Optimal primary care needs ‘Daring Doctors’ ; how to support primary care physicians in limiting overdiagnosis and avoiding unnecessary medical interventions.

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Authors:

Daring Doctors movement, the Netherlands

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BACKGROUND : Due to the rapidly expanding medical knowledge the public demand for medical interventions, such as diagnostic tests and treatment, is increasing continuously. Especially in European health systems with low-threshold access to healthcare, doctors struggle with the question; ‘must everything be done what possibly can in every situation’? Irrational use of medical services leads to overdiagnosis and ‘too much medicine’ in many countries. General practitioners are of vital importance to support patients in making rational choices. We need daring doctors who provide optimal, and not maximal, care to their patients. Daring doctors are GPs who serve their patient with their expertise, who take responsibility for adequate use of public means, and try to prevent overdiagnosis and irrational treatment. They practice shared decision making and discuss the need for medical interventions within the context of the patients’ personal life-perspective.

AIM : In this interactive workshop two key challenges for ‘daring doctors’ will be discussed: prevention of overdiagnosis and limiting unnecessary medical interventions.

Program :

- 0 Introduction: chair
- 5. The Daring Doctors movement in the Netherlands; background and aims.
Marije Holtrop
- 15. Overdiagnosis and too much medicine : scientific overview: Niek de Wit,
- 35. Interactive discussion about the role of the GP in preventing overdiagnosis ; chair
- 45. Movie : “Brave patients” demonstrating patients’ initiatives in limiting medical interventions. Frederieke Pijbes
- 55. End of treatment decisions in primary care; examples from the Netherlands:
Stan van de Buijs/ Josephine Kan
- 65. Interactive discussion: the GP’s role in limiting needless medical interventions: chair
- 75. closing remarks : chair

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